SENIOR SERVICES MEDICAL CASE MANAGEMENT

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LEARNING OBJECTIVES

• Overview of program

• Trends

• Assessment tool

• Education-Resources
SENIOR SERVICES MEDICAL CASE MANAGEMENT

• The Senior Services Case Management Program provides a range of client-centered, confidential services that link older adults living with HIV/AIDS to core care services that would improve their quality of life.

• Services include medical, dental, mental health, substance use, and supportive care services including legal, medical transportation, emergency financial assistance, food and housing resources.

• The role of the Senior Services case managers is to serve as a subject matter expert in assessments and service delivery to older adults living with HIV.

• The goal is to ensure viral suppression by taking care of any general barriers that are unique to older adults over the age of 55 that may prevent a client from receiving quality care.
ELIGIBILITY CRITERIA

• Reside in the Chicago Eligible Metropolitan Area, Cook County or Collar Counties (Cook, DuPage, DeKalb, Grundy, Kane, Kendall, Lake, McHenry, Will County)

• Below 500% ($72,900 for a family size of 1) FPL for all services except Case Management which is 800% FPL ($116,640)

• HIV Positive

• 55 and older
AFC’S OLDER ADULT ASSESSMENT TOOL

Questions:
1. How would you rate your quality of life right now? What’s most important when determining your quality of life?
2. List of medical equipment used/needed?
3. What needs do you feel are not currently being met?

Responses:
1. On average clients reported quality of life is good because they are living independently, still have their memory, manage their own money and/or live in stable senior housing.
2. Specialized supplies: Cysto-Care Folysil 2-Way Silicone Foley Catheter and Visi-Flow Irrigator with Stoma Cone (incontinence supplies), Eyelid Correcting Strips.
3. Responses were dental, senior housing and mental health
TRENDS

• Long term thrivers

• Multiple Medications

• Comorbidities

• Virally suppressed
LONG TERM THRIVERS

- Caseload consists of 39 clients living with HIV for 20+ years with an age range of 58 - 82 years young.
MULTIPLE MEDICATIONS

- Caseload is prescribed 2-13 medications daily per individual.

53% of people living with diagnosed HIV in Illinois are aged 50 years or older.

- 30% have been living with an HIV diagnosis for more than 25 years.
- They are prescribed an average of 8 different medications for HIV or other conditions in a year.
- 50% are living with a disability.

17% reported symptoms of anxiety.
- Their median stigma score is 38.
- The national median stigma score for people with HIV is 38.
- 73% are virally suppressed, meaning their HIV is under control and their sexual partners are protected from getting HIV.

For more information about the project, go to: www.cdc.gov/hiv/statistics/systems/mmp
COMORBIDITIES

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- Many clients have multiple complex health conditions.
  - Paralysis
  - Cancer
  - High blood pressure
  - High cholesterol
  - Dental decay
  - Kidney disease
  - Gastrointestinal issues
  - Diabetes
  - Heart disease
  - Arthritis
  - COPD
  - Substance use
  - Mental health
VIRALLY SUPPRESSED

• Caseload is 99% virally suppressed with viral load ranging from 20-200 copies/mL

• Only 3% of clients report they are sexually active.
STIGMA AND ANXIETY IN OLDER ADULTS

• 14 out of 31 clients screened reported little or no anxiety

• 19 out of 31 clients screened reported little or no stigma
OLDER ADULT TRAININGS/COMMITTEES

• Adult Abuse: Hiding in Plain Sight
• RAI-Reframing Aging Initiative
• CSH supportive housing Training Center-Aging Academy
• SHIP (Senior Health Insurance Program)
• Illinois HIV & Aging Policy Corps
HOW TO ENROLL

• Call the CarePlus hotline: 312 690-8860
RESOURCES:

- [www.oag.state.md.us/healthpol/advancedirectives.htm](http://www.oag.state.md.us/healthpol/advancedirectives.htm)
- [WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP](http://WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP)
- [Adult Protective Services (APS) - Protection & Advocacy (illinois.gov)](http://Adult Protective Services (APS) - Protection & Advocacy (illinois.gov))
- [Home (reframingaging.org)](http://Home (reframingaging.org))
- [CSH Supportive Housing Training Center (thinkific.com)](http://CSH Supportive Housing Training Center (thinkific.com))
- [Senior Health Insurance Program - SHIP (illinois.gov)](http://Senior Health Insurance Program - SHIP (illinois.gov))
QUESTIONS: