



**AIDS  
FOUNDATION  
CHICAGO**

# **SENIOR SERVICES MEDICAL CASE MANAGEMENT**

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# LEARNING OBJECTIVES

- **Overview of program**
- **Trends**
- **Assessment tool**
- **Education-Resources**



# SENIOR SERVICES MEDICAL CASE MANAGEMENT

- **The Senior Services Case Management Program provides a range of client-centered, confidential services that link older adults living with HIV/AIDS to core care services that would improve their quality of life.**
- **Services include medical, dental, mental health, substance use, and supportive care services including legal, medical transportation, emergency financial assistance, food and housing resources.**
- **The role of the Senior Services case managers is to serve as a subject matter expert in assessments and service delivery to older adults living with HIV.**
- **The goal is to ensure viral suppression by taking care of any general barriers that are unique to older adults over the age of 55 that may prevent a client from receiving quality care.**

# ELIGIBILITY CRITERIA

- Reside in the Chicago Eligible Metropolitan Area, Cook County or Collar Counties (Cook, DuPage, DeKalb, Grundy, Kane, Kendall, Lake, McHenry, Will County)
- Below 500% (\$72,900 for a family size of 1)FPL for all services except Case Management which is 800%FPL (\$116,640)
- HIV Positive
- **55 and older**



# AFC'S OLDER ADULT ASSESSMENT TOOL

## Questions:

1. How would you rate your quality of life right now? What's most important when determining your quality of life?
2. List of medical equipment used/needed?
3. What needs do you feel are not currently being met?

## Responses:

1. On average clients reported quality of life is good because they are living independently, still have their memory, manage their own money and/or live in stable senior housing.
2. Specialized supplies: Cysto-Care Folsyl 2-Way Silicone Foley Catheter and Visi-Flow Irrigator with Stoma Cone (incontinence supplies), Eyelid Correcting Strips.
3. Responses were dental, senior housing and mental health



# TRENDS

- **Long term thrivers**
- **Multiple Medications**
- **Comorbidities**
- **Virally suppressed**

# LONG TERM THRIVERS

**53%** OF PEOPLE LIVING WITH DIAGNOSED HIV IN  
**ILLINOIS**  
ARE AGED 50 YEARS OR OLDER.



**30%**  
have been living with an HIV  
diagnosis **for more than 25 years.**



They are prescribed an average of  
**8**  
**different medications**  
for HIV or other conditions in a year.



**50%**  
are living **with a disability.**



**17%**  
reported **symptoms of anxiety.**

.....  
Their **median stigma score** is  
**38.**  
The national median stigma  
score for people with HIV is

**38.**

.....  
**73%**  
**are virally suppressed,**  
meaning their HIV is under  
control and their sexual partners  
are protected from getting HIV.

FOR MORE INFORMATION ABOUT THE PROJECT, GO TO:  
[WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP](http://WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP)



- **Caseload consists of 39 clients living with HIV for 20+ years with an age range of 58 - 82 years young.**

# MULTIPLE MEDICATIONS

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- **Caseload is prescribed 2-13 medications daily per individual.**



# COMORBIDITIES

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• **Many clients have multiple complex health conditions.**

- Paralysis
- Cancer
- High blood pressure
- High cholesterol
- Dental decay
- Kidney disease
- Gastrointestinal issues
- Diabetes
- Heart disease
- Arthritis
- COPD
- Substance use
- Mental health

# VIRALLY SUPPRESSED



OF THE OVER 1 MILLION PEOPLE LIVING WITH DIAGNOSED HIV IN THE UNITED STATES AND DEPENDENT AREAS, **NEARLY HALF ARE OVER THE AGE OF 50.**



Over 1 in 4 have been **living with an HIV diagnosis for more than 25 years.** They are prescribed an average of **9 different medications** for HIV or other conditions in a year. Over half are living with a disability.

**DESPITE THESE CHALLENGES, OLDER PEOPLE LIVING WITH HIV ARE RESILIENT.**



**Over 3 in 4 are virally suppressed,** meaning their HIV is under control and their sexual partners are protected from getting HIV.

They also **experience less HIV stigma and anxiety** compared with other age groups.



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- **Caseload is 99% virally suppressed with viral load ranging from 20-200 copies/mL**
- **Only 3% of clients report they are sexually active.**

# STIGMA AND ANXIETY IN OLDER ADULTS

 **MEDICAL MONITORING PROJECT**  
[HTTPS://WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP/INDEX.HTML](https://www.cdc.gov/hiv/statistics/systems/mmp/index.html)

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- **14 out of 31 clients screened reported little or no anxiety**
- **19 out of 31 clients screened reported little or no stigma**



# **OLDER ADULT TRAININGS/COMMITTEES**

- **Adult Abuse: Hiding in Plain Sight**
- **RAI-Reframing Aging Initiative**
- **CSH supportive housing Training Center-Aging Academy**
- **SHIP (Senior Health Insurance Program)**
- **Illinois HIV & Aging Policy Corps**

# HOW TO ENROLL

- **Call the CarePlus hotline: 312 690-8860**

# RESOURCES:

- [www.oag.state.md.us/healthpol/advancedirectives.htm](http://www.oag.state.md.us/healthpol/advancedirectives.htm)
- [WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP](http://WWW.CDC.GOV/HIV/STATISTICS/SYSTEMS/MMP)
- [Adult Protective Services \(APS\) - Protection & Advocacy \(illinois.gov\)](http://AdultProtectiveServices(APS)-Protection&Advocacy(illinois.gov))
- [Home \(reframingaging.org\)](http://Home(reframingaging.org))
- [CSH Supportive Housing Training Center \(thinkific.com\)](http://CSHSupportiveHousingTrainingCenter(thinkific.com))
- [Senior Health Insurance Program - SHIP \(illinois.gov\)](http://SeniorHealthInsuranceProgram-SHIP(illinois.gov))

# QUESTIONS:

