

## **AIDS Foundation of Chicago/Center for Housing and Health**

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**Date:** April 27, 2017  
**To:** All Supportive Housing Case Managers and Case Manager's Supervisors  
**Cc:** AFC/CHH Supportive Housing Staff  
**From:** Angelique Miller  
**Re:** March 2017-February 2018 Training Calendar

We are pleased to present the Supportive Housing Program Case manager training calendar for 2017-2018. In this year's training calendar AFC/CHH has selected trainings based on feedback from case managers and trainings that are required from city, state, and federal agencies. We feel confident that this calendar and the updated training SOPs will meet the training needs of the supportive housing case managers. Should you have any additional questions, feel free to contact a member of the Supportive Housing Team.

### **AFC/CHH funded Supportive Housing Case Managers**

Case managers that have fulfilled all New Case Manager Trainings and Orientation are required to attend a **minimum of 3 training** sessions within the training year. Advanced Chronic Disease Management and Cultural Competency are mandatory and do not count toward the minimum three required.

### **New AFC/CHH funded Supportive Housing Case Managers**

All New Case Managers must fulfill the basic training topics; Housing Law, Harm Reduction & Motivational Interviewing, Trauma Informed Care, Disease Management, Conflict Management, Benefits & Entitlements. They are not required to do an additional three trainings.

### **Non-AFC Trainings**

SHP Case managers are allowed credit for trainings that are not conducted by AFC/CHH but satisfy the topic requirements. These trainings must be documented by submitting a copy of the Request for Training Credit Form (which can be found after the training calendar), proper proof of participation and it must be signed by the supervisor. Approval is at the discretion of AFC/CHH staff.

### **Cultural Humility**

A cultural humility training is required annually. SHP Case managers are allowed credit for a Cultural Humility training not conducted by AFC/CHH. An approved non-AFC/CHH training is preferred to be in the topic areas of age, gender, race, culture, religion or sexual orientation. Proof of training must be documented by submitting a copy of the Request for Training Credit Form, proper proof of participation and it must be signed by the supervisor. Approval is at the discretion of AFC/CHH staff.

### **Affordable Care Act & Funder Regulations**

Due to the changes in the system, AFC/CHH will hold mandatory all case managers meetings and/or webinars to share time-sensitive case management information regarding how changes will affect our program.

### **RW Competency Training**

Case managers who work with HIV+ SHP participants are also required to attend (one time) the Ryan White Case Management training series, which is offered several times throughout the year. If you are required to attend the Ryan White training series, you will need to be scheduled by the AFC RW Training Specialist, who can be reached directly at 312-334-0962 or [trainings@aidschicago.org](mailto:trainings@aidschicago.org) **Pre-registration is required. The training does not count towards the SHP New Case Manager training requirements.**

**Late Policy:** Case managers are expected to arrive to trainings on-time. Attendees who arrive more than 15 minutes late will not receive credit for training attendance.

### **Attendee caps**

Case managers must RSVP directly through the on-line link for all AFC/CHH trainings. The training RSVP link will close at least 3 business days prior to the training. Training sessions may have limited attendance. After training sessions are full, attendance will be closed. Case Managers are required to plan ahead to ensure that they are able to register for the required number of trainings. Case managers should notify a member of the Supportive Housing team as early as possible if you have to withdraw from a scheduled training to open up a slot for another case manager.

### **Feedback**

AFC/CHH staff offer many opportunities to provide feedback on the training series topics. We encourage each attendee to complete the survey evaluation at the end of each training. AFC/CHH team has also worked with the AFC Ryan White Care team to include feedback via surveys on the training opportunities provided, we encourage case managers and supervisors to complete those surveys as they are offered.

### **Continuing Education Credits/CEU's**

AFC/CHH provides every opportunity to arrange CEU's for the various trainings we offer. We unfortunately cannot provide a CEU for every training.

### **Training Tracks**

AFC/CHH will be providing trainings that correspond to the following topic areas: Resource Identification, Funder Requirements, and Clinical Support & Best Practices. It is the AFC/CHH team hope to offer a variety of topics that can best support the work that is done directly with clients. The 2017 year is a transition year as we develop this new model of training and training requirements.

### **Trainers**

AFC/CHH staff are committed to offer a variety of perspectives and strive to ensure diversity in our engagement of trainers. After the training calendar you will find brief biographies on our trainers.

**Supportive Housing Program  
Case Manager Training Series  
March 2017-February 2018**

DATE	TIME	TRAINING TOPIC	LOCATION
<p>Tuesday March 15, 2016</p> <p>Cap: 25 attendees</p> <p>*Satisfies the cultural humility training requirement.</p>	<p>9:00- 12:00</p>	<p>“LBTQ Ally Training” By Anthony Galloway (Equality Illinois) <a href="http://events.aidschicago.org/site/Calendar?id=102481&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102481&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Participants will learn relevant terminology in effectively communicating to and about LGBTQ communities</li> <li>2. Understand misconceptions that impact interactions with LGBTQ individuals</li> <li>3. Develop an awareness, strategies, and resources to be an effective ally to LGBTQ communities.</li> </ol>	<p>AFC 21<sup>st</sup> Floor Large Conference Room</p>
<p>Tuesday March 21, 2016</p> <p>Cap: 15 people</p> <p>*NEW SHP ICM required training if not completed previously.</p>	<p>9:30-4:30 am</p>	<p>“Harm Reduction &amp; Motivational Interviewing” By Kate Loewenstein, MSW, LCSW (Private Practice) <a href="http://events.aidschicago.org/site/Calendar?id=102482&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102482&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Become familiar with the Stages of Change Theory</li> <li>2. Become familiar with Harm Reduction as a philosophy</li> <li>3. Learn how to apply specific harm reduction interventions to client experiences</li> <li>4. Become familiar with motivational interviewing</li> <li>5. Learn how to apply motivational interviewing techniques to case management interventions</li> </ol>	<p>AFC 21<sup>st</sup> Floor Large Conference Room</p>
<p>Tuesday, March 28, 2017</p> <p>Cap: 25 people</p>	<p>1:30-4:30 pm</p>	<p>“Medicaid Care Coordination” By Jessie Beebe, MA, LCSW (CHH) <a href="http://events.aidschicago.org/site/Calendar?id=102501&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102501&amp;view=Detail</a></p> <p><i>Learning Objective:</i></p> <ol style="list-style-type: none"> <li>1. Learn what Medicaid managed care (MCO) is, the benefits and challenges for clients enrolled in a MCO and why it was implemented</li> </ol>	<p>AFC 28<sup>th</sup> Floor Conference Center</p>

		<ol style="list-style-type: none"> <li>2. Understand how to find out which MCO your clients are enrolled with and best practices when communicating with a MCO</li> <li>3. Know how to connect your client to MCO care coordination services, benefits and challenges of care coordination services and best practices when communicating with care coordinators</li> <li>4. Understand the Medicaid redetermination process and how to help clients keep their Medicaid benefit or how to be reinstated or reenroll if they lose their Medicaid</li> <li>5. Learn the importance of primary care, outpatient care and prevention and how to communicate these benefits to clients.</li> </ol>	
<p>Wednesday April 12, 2017</p> <p>Cap: 15 people</p> <p>*NEW SHP ICM required training if not completed previously.</p>	<p>1:00-4:30 pm</p> <p>CEU's available</p>	<p>"Trauma Informed Care" By James Kowalsky, BA (Heartland Centers for System Change)</p> <p><a href="http://events.aidschicago.org/site/Calendar?id=102502&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102502&amp;view=Detail</a></p>	<p>AFC 21<sup>st</sup> Floor Large Conference Room</p>
<p>Wednesday April 19, 2017</p> <p>Cap: 30 attendees</p> <p>*NEW SHP ICM required training if not completed previously. Attendance at only one session required.</p>	<p>1:30-4:30 pm</p>	<p>"Conflict Management" By Pari Karim (Center for Conflict Resolution)</p> <p><a href="http://events.aidschicago.org/site/Calendar?id=102503&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102503&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. To teach participants how to manage interpersonal conflict using the Thomas-Kilmann mode instrument, interest based bargaining and other communication and thought tools.</li> </ol>	<p>Center for Conflict Resolution 11 E. Adams Street Suite 500</p>

<p>Thursday April 20, 2017</p> <p>Cap: 30 attendees</p> <p>*New SHP ICM required training if not completed previously. Attendance at only one session required.</p>	<p>1:30-4:30 pm</p>	<p>“Conflict Management” By Pari Karim (Center for Conflict Resolution) <a href="http://events.aidschicago.org/site/Calendar?id=102504&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102504&amp;view=Detail</a></p> <p><i>Learning Objectives</i></p> <ol style="list-style-type: none"> <li>1. To teach participants how to manage interpersonal conflict using the Thomas-Kilman mode instrument, interest based bargaining and other communication and thought tools.</li> </ol>	<p>Center for Conflict Resolution 11 E. Adams Street Suite 500</p>
<p>Tuesday April 25, 2017</p> <p>Cap: 25 attendees</p>	<p>1:30-4:30 pm</p>	<p>“Medicaid Care Coordination” By Jessie Beebe, MA, LCSW (CHH) <a href="http://events.aidschicago.org/site/Calendar?id=102507&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102507&amp;view=Detail</a></p> <p><i>Learning Objectives</i></p> <ol style="list-style-type: none"> <li>1. Learn what Medicaid managed care (MCO) is, the benefits and challenges for clients enrolled in a MCO and why it was implemented</li> <li>2. Understand how to find out which MCO your clients are enrolled with and best practices when communicating with a MCO</li> <li>3. Know how to connect your client to MCO care coordination services, benefits and challenges of care coordination services and best practices when communicating with care coordinators</li> <li>4. Understand the Medicaid redetermination process and how to help clients keep their Medicaid benefit or how to be reinstated or reenroll if they lose their Medicaid</li> <li>5. Learn the importance of primary care, outpatient care and prevention and how to communicate these benefits to clients.</li> </ol>	<p>AFC 28<sup>th</sup> Floor Conference Center</p>

<p><b>Friday May 5, 2017</b></p> <p>Cap: 25 attendees</p>	<p><b>1:30-4:30 pm</b></p>	<p><b>“SSI/SSDI Disability Application Workshop”</b>                  By Lauren Rockoff &amp; Aaron Voldman                  (SOAR Specialists, CHH)  <a href="http://events.aidschicago.org/site/Calendar?id=102505&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102505&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Participants will gain an understanding of the essential elements of the SSA Disability application process and the involved agencies.</li> <li>2. Participants will learn how to best assess whether or not their client(s) qualify for SSA disability.</li> <li>3. Participants will learn how to best support their client(s) application for the SSI and SSDI programs administered by SSA.</li> <li>4. Participants will learn how they can best support a disability advocate's representation of their client(s).</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Friday May 26, 2017</b></p> <p>Cap: 15 attendees</p>	<p><b>9:30-12:30</b></p>	<p><b>“SSI/SSDI Disability Application Workshop”</b>                  By Lauren Rockoff &amp; Aaron Voldman                  (SOAR Specialists, CHH)  <a href="http://events.aidschicago.org/site/Calendar?id=102506&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102506&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Participants will gain an understanding of the essential elements of the SSA Disability application process and the involved agencies.</li> <li>2. Participants will learn how to best assess whether or not their client(s) qualify for SSA disability.</li> <li>3. Participants will learn how to best support their client(s) application for the SSI and SSDI programs administered by SSA.</li> <li>4. Participants will learn how they can best support a disability advocate's representation of their client(s).</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room, North</b></p>
<p><b>Wednesday, June 7, 2017</b></p> <p>Cap: 30 attendees</p>	<p><b>1:30-4:30</b></p>	<p><b>“ Conflict Management”</b>                  By Pari Karim  <a href="http://events.aidschicago.org/site/Calendar?id=102581&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102581&amp;view=Detail</a></p>	<p><b>Center for Conflict Resolution 11 E. Adams Street</b></p>

<p>*New SHP ICM required training if not completed previously. Attendance at only one session required.</p>		<p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>To teach participants how to manage interpersonal conflict using the Thomas-Kilmann mode instrument, interest based bargaining and other communication and thought tools.</li> </ol>	<p><b>Suite 500</b></p>
<p><b>Wednesday June 14, 2017</b></p> <p>Cap: 30 attendees</p> <p>*NEW SHP ICM required training if not completed previously. Attendance only at one session required.</p>	<p><b>1:00-4:30 pm</b></p>	<p><b>“Mainstream Benefits”</b> By Kristin Hartsaw, MPH, MCHES (DuPage Federation on Human Services Reform) <a href="http://events.aidschicago.org/site/Calendar?id=102508&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102508&amp;view=Detail</a></p> <p><i>Learning Objectives</i></p> <ol style="list-style-type: none"> <li>Differentiate between the various Social Security programs (Retirement, Survivors, Disability Insurance and Supplemental Security Income)</li> <li>A number of Federal and State cash benefits programs exist for low-income individuals and families. This course will explore the cash benefits available through Social Security, Veterans Administration and the State of Illinois.             <ol style="list-style-type: none"> <li>Define the basic eligibility criteria for SNAP</li> <li>Review the application process for SNAP</li> <li>Discuss the appeals process for SNAP</li> <li>Identify local resources ( Food Pantries)</li> </ol> </li> <li>Discuss eligibility for the Temporary Assistance for Needy Families (TANF) program.</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Wednesday June 28, 2017</b></p> <p>Cap: 30 attendees</p> <p>*NEW SHP ICM required training if not completed</p>	<p><b>9:30-12:30</b></p>	<p><b>“Mainstream Benefits”</b> By Kristin Hartsaw, MPH, MCHES (DuPage Federation on Human Services Reform) <a href="http://events.aidschicago.org/site/Calendar?id=102509&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102509&amp;view=Detail</a></p> <p><b>Learning Objectives</b></p>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>

<p>previously. Attendance only at one session required.</p>		<ol style="list-style-type: none"> <li>1. Differentiate between the various Social Security programs (Retirement, Survivors, Disability Insurance and Supplemental Security Income)</li> <li>2. A number of Federal and State cash benefits programs exist for low-income individuals and families. This course will explore the cash benefits available through Social Security, Veterans Administration and the State of Illinois.             <ol style="list-style-type: none"> <li>a. Define the basic eligibility criteria for SNAP</li> <li>b. Review the application process for SNAP</li> <li>c. Discuss the appeals process for SNAP</li> <li>d. Identify local resources ( Food Pantries)</li> </ol> </li> <li>3. Discuss eligibility for the Temporary Assistance for Needy Families (TANF) program</li> </ol>	
<p><b>Wednesday July 19, 2017 Cap: 25 attendees</b></p> <p>*NEW SHP ICM required training if not completed previously.</p>	<p><b>9:30-12:30</b></p> <p>Attendance at only one session required.</p>	<p><b>“Housing Law”</b> By Michelle Gilbert, Staff Attorney LAF <a href="http://events.aidschicago.org/site/CaleNDAR?id=102582&amp;view=Detail">http://events.aidschicago.org/site/CaleNDAR?id=102582&amp;view=Detail</a></p> <ol style="list-style-type: none"> <li>1. Identify situations where tenant and housing case manager/advocate advocacy might improve a landlord-tenant dispute before it requires legal intervention.</li> <li>2. Learn strategies for tenants and housing case managers/advocates to undertake advocacy, specifically in conditions problems and reasonable accommodations.</li> <li>3. Learn when a tenant should contact legal aid and how to do so.</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>



		<ol style="list-style-type: none"> <li>4. Learn to recognize landlord-tenant notices and court documents.</li> <li>5. Address specific case situations raised by trainees and discuss strategies for attendees to research answers to questions.</li> </ol>	
<p><b>Wednesday July 19, 2017</b> <b>Cap: 25 attendees</b></p> <p>*NEW SHP ICM required training if not completed previously.</p>	<p><b>1:30-4:30</b></p> <p>Attendance at only one session required.</p>	<p><b>“Housing Law”</b> By Michelle Gilbert, Staff Attorney, LAF <a href="http://events.aidschicago.org/site/Calendar?id=102583&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102583&amp;view=Detail</a> <i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Identify situations where tenant and housing case manager/advocate advocacy might improve a landlord-tenant dispute before it requires legal intervention.</li> <li>2. Learn strategies for tenants and housing case managers/advocates to undertake advocacy, specifically in conditions problems and reasonable accommodations.</li> <li>3. Learn when a tenant should contact legal aid and how to do so.</li> <li>4. Learn to recognize landlord-tenant notices and court documents.</li> <li>5. Address specific case situations raised by trainees and discuss strategies for attendees to research answers to questions.</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Wednesday July 26, 2017</b> <b>Cap: 25 attendees</b></p> <p>*SHP ICM required training if not completed previously. Attendance at only one session required.</p>	<p><b>12:30-4:30</b></p> <p>Lunch provided</p> <p>CEU's available</p>	<p><b>“Chronic Disease Management”</b> By Colt Coffin, HHO <a href="http://events.aidschicago.org/site/Calendar?id=102582&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102582&amp;view=Detail</a> <i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Understand the role all human service professionals play in promoting health and wellness</li> <li>2. Understand how harm reduction helps up be more effective at helping our participants achieve their goals</li> <li>3. Assess an individual's ability to meet their health needs and create a plan that address strengths and needs.</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>

		4. Feel ready to integrate chronic disease management into your work.	
<p><b>Wednesday August 16, 2017 Cap: 25 attendees</b></p> <p>*NEW SHP ICM required training if not completed previously.</p>	<p><b>9:30-11:30</b></p> <p>Attendance at only one session required.</p>	<p><b>“Case Notes, Referrals &amp; Follow-up”</b> By Stephanie Seals, LCSW, AFC <a href="http://events.aidschicago.org/site/Calendar?id=102588&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102588&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Gain a better understanding of how case note quality can impact program outcomes and funding</li> <li>2. Learn best practices to ensure adherence to privacy policies and HIPAA</li> <li>3. Compare different case note formats to identify pros and cons of each</li> <li>4. Improve your clinical vocabulary and practice writing case notes that accurately reflect services provided</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Wednesday September 12, 2017</b></p> <p><b>Cap: 15 attendees</b></p> <p>*NEW SHP ICM required training if not completed previously. Attendance at only one session required.</p>	<p><b>9:30-4:30 pm</b></p> <p>Lunch provided</p>	<p><b>“Harm Reduction &amp; Motivational Interviewing”</b> By Kate Loewenstein, MSW, LCSW (Private Practice) <a href="http://events.aidschicago.org/site/Calendar?id=102585&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102585&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Become familiar with the Stages of Change Theory</li> <li>2. Become familiar with Harm Reduction as a philosophy</li> <li>3. Learn how to apply specific harm reduction interventions to client experiences</li> <li>4. Become familiar with motivational interviewing</li> <li>5. Learn how to apply motivational interviewing techniques to case management interventions</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Wednesday September 20, 2017</b></p> <p>Cap: 25 attendees</p> <p>*SHP ICM required training if not completed previously. Attendance at</p>	<p><b>9:30-1:30</b></p> <p>CEU's available</p> <p>Lunch provided</p>	<p><b>“Chronic Disease Management”</b> By Colt Coffin, HHO <a href="http://events.aidschicago.org/site/Calendar?id=102586&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102586&amp;view=Detail</a></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> <li>1. Understand the role all human service professionals play in promoting health and wellness</li> <li>2. Understand how harm reduction helps up be more effective at</li> </ol>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>

only one session required.		<p>helping our participants achieve their goals</p> <ol style="list-style-type: none"> <li>3. Assess an individual's ability to meet their health needs and create a plan that address strengths and needs.</li> <li>4. Feel ready to integrate chronic disease management into your work.</li> </ol>	
<p><b>Wednesday October 25, 2017</b> Cap: 25 attendees *SHP ICM required training if not completed previously</p>	<p><b>9:00-4:00</b>  Lunch Provided</p>	<p><b>"Cultural Humility"</b> By Shaune Freeman, MSW, LCSW <a href="http://events.aidschicago.org/site/Calendar?id=102587&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102587&amp;view=Detail</a></p> <p>Learning Objectives:  <ol style="list-style-type: none"> <li>1. To define culture and cultural competency</li> <li>2. Review stages in the Cultural Competence Continuum</li> <li>3. Provide a basic understanding of cultural competence from a generational perspective</li> <li>4. Discuss special populations to consider when developing cultural competent services</li> <li>5. Apply new knowledge and skills to enhance patient adherence</li> </ol> </p>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>
<p><b>Wednesday November 1, 2017</b> Cap: 25 attendees  *NEW SHP ICM required training if not completed previously.</p>	<p><b>9:30-11:30</b></p>	<p><b>"Case Notes, Referrals &amp; Follow-up"</b> By Stephanie Seals, LCSW, AFC <a href="http://events.aidschicago.org/site/Calendar?id=102589&amp;view=Detail">http://events.aidschicago.org/site/Calendar?id=102589&amp;view=Detail</a></p> <p>Learning Objectives:  <ol style="list-style-type: none"> <li>5. Gain a better understanding of how case note quality can impact program outcomes and funding</li> <li>6. Learn best practices to ensure adherence to privacy policies and HIPAA</li> <li>7. Compare different case note formats to identify pros and cons of each</li> <li>8. Improve your clinical vocabulary and practice writing case notes that accurately reflect services provided</li> </ol> </p>	<p><b>AFC 21<sup>st</sup> Floor Large Conference Room</b></p>

**MORE DETAILS COMING SOON!**

<b>DATE</b>	<b>TIME</b>	<b>EVENT TOPIC</b>	<b>LOCATION</b>
TBD	TBD	<b>"Trauma Informed Care"</b>	<b>AFC</b>

### **2017-2018 Trainer Biographies**

**Anthony Charles Galloway**, Equality Illinois' Director of Education and Outreach, is an East St. Louis, IL, native with experiences as an artist, social entrepreneur, fundraiser, and activist; in fact, he says he really can't tell them all apart.

For the past 15 years, Anthony has worked with community based organizations across the country in training public health professionals on evidence based interventions, implementing High Impact sexual health programs, and providing programmatic technical assistance to not for profit organizations

In 2006, Anthony was featured in the award-winning documentary "Coals Under Pressure" documenting the lives of black queer men. After moving to Chicago in 2007, he founded No Wire Hangers Inc., a social enterprise aimed at highlighting the assets of the Black Queer experience in Chicago. Anthony is the former Director of Strategy and Implementation for Step Up. Get Tested, a countywide HIV/Hepatitis-C campaign. In 2004 at the age of 23, Anthony was the recipient of the Creating Change Award by the National LGBT Task Force, 2011 recipient of the 30 under 30 honor by the Windy City Times, and the 2017 Generations 100 year Honoree from Planned Parenthood.

**Kate Loewenstein**, is a psychotherapist in private practice, offering outpatient counseling services to individuals, couples & families. Kate utilizes a variety of treatment interventions, including Cognitive Behavioral Therapy, Emotionally Focused Therapy and Motivational Interviewing. She specializes in treating adults with anxiety, depression and interpersonal issues. Kate splits her time between NMK & Associates and Tobin Counseling Group. In addition to private practice, Kate provides professional development to service providers in the form of clinical trainings and consultation.

Kate received her Master in Social Work from the University of Illinois, Chicago in 2007 and became licensed as a licensed clinical social worker (LCSW) in 2009. Prior to her work in private practice, Kate served as the Behavioral Health Services Manager at the AIDS Foundation of Chicago (AFC), where she worked within the supportive housing team, providing program oversight for federal behavioral health grants. Kate additionally has experience providing mental health treatment to adults with chronic mental illness.

**Jessie Beebe**, is a Licensed Clinical Social Worker (LCSW) who received a Bachelor's in Social Work from Saint Louis University and a Master's in Social Work from University of Chicago. Jessie began her social work career at Rush University Medical Center where she worked on various research projects focused on behavioral interventions for chronic disease management among low-income and minority populations on Chicago's West side. As part of her Master's program Jessie was a medication adherence counselor conducting assessments and ongoing counseling for individuals living with HIV/AIDS. For her second year she was a clinical intern at Northwestern Memorial Hospital providing individual and group psychotherapy in the Outpatient Psychiatry Department. After graduation, she worked as a medical case manager at Heartland Health Outreach

(HHO) with patients living with HIV/AIDS. For the past four years, she has been at the AIDS Foundation of Chicago where she works to improve supportive housing programs' focus on health including health insurance and MCO enrollment, health outcomes and engagement with primary care and prevention services. She also directs the in-home behavioral health and disability advocacy programs.

**Lauren Rockoff**, is a SOAR (SSI/SSDI Outreach, Access, and Recovery) Specialist at AFC's Center for Housing and Health. She has experience working on social security disability applications in both Massachusetts and Illinois. Lauren heads up medical record collection and the filling-out of forms for CHH's SOAR program. She also works directly with clients and case managers on submitting applications for SSI and SSDI. Lauren has a Bachelor of Arts degree in Psychology from the University of Massachusetts at Amherst. Her previous work experience includes program coordination, legal assistance, and case management for a community action program, primary care association, class action law firm, and an elder services agency. Additionally, Lauren facilitates anti-bias and diversity workshops in the Chicago area for the Anti-Defamation League.

**Aaron Voldman**, is a SOAR (SSI/SSDI Outreach, Access, and Recovery) Specialist at the AIDS Foundation of Chicago Center for Housing and Health. Aaron meets with clients throughout Chicago (mostly living in AFC/CHH Housing programs) and represents clients in their SSI/SSDI cases. The AFC/CHH SOAR Team has won 75% of client cases, a success rate more than double the national average for all initial claims. Aaron loves working with the SOAR Team's clients and zealously representing them in their Social Security claims. A graduate of Brandeis University, Aaron studied Politics and Philosophy as well as Peace, Conflict, and Co-existence Studies. He has previously worked as a home health aide and served as Executive Director of the Washington, DC-based Student Peace Alliance—a peacebuilding public policy organization. A native Vermonter, Aaron is a grateful Chicago transplant and proud member of the Jewish Council on Urban Affairs, which combats poverty, racism, and anti-Semitism in partnership with Chicago's diverse communities.

**Colt Coffin**, is a senior medical case manager in the Early Intervention and Prevention Program at Heartland Health Outreach where he works with people living with HIV. His work at HHO focuses on assessing participant psychosocial needs and addressing barriers to achieving medical goals. Colt has experience working with refugees, asylees, transgender and gender non-conforming communities, as well as individuals experiencing homelessness. He has been active in HIV work since 2010 and has worked on care teams in Kansas and Illinois. Colt holds B.A. degrees in Sociology and Human Services from Ottawa University.

**James Kowalsky**, is the Project Coordinator for the Heartland Center for Systems Change at Heartland Health Outreach (HHO) in Chicago, IL. Since 2014, James has been providing training and support to organizations adapting their practices to incorporate harm reduction, housing first, motivational interviewing and trauma-informed care. James spent seven years as an outreach worker with HHO, meeting

people experiencing homelessness and linking them to housing, primary and mental health care, and other community-based resources. In that role, he learned the value of using harm reduction and trauma-informed care to connect with the most vulnerable members of our communities.

**Pari Karim**, is the CCR Training Director and manages numerous training programs, including CCR's 40-Hour Mediation Skills Training. Since 2008, Pari has been a volunteer mediator and trainer at CCR. She received her J.D. from Chicago-Kent College of Law in 2010, earning a certificate in Labor and Employment Law. Additionally, she earned a Bachelor of Arts Degree in History from the University of Texas at Austin in 2006. Prior to her current position, Pari served as the Assistant Director of Mediation Services, providing support and supervision to CCR's vast pool of volunteer mediators. She mediates frequently in all of CCR's programs and also provides facilitation services. Pari is also Adjunct Faculty at the Chicago School of Professional Psychology. Her interest in ADR comes from a belief that the people experiencing the conflict are those best able to resolve the conflict.

**Esther Barrett**, is currently pursuing a Masters of Science in Nursing at Rush University. She worked at the Center for Conflict Resolution in Chicago from 2012-2015 with the Cook County Mortgage Foreclosure Mediation Program, first as a Case Manager and then as Supervisor of Case Management. Esther is a certified mediator and trainer and continues to volunteer with CCR regularly. She has a background in teaching, languages and international cultural studies and graduated from Maastricht University with a Masters in Arts & Sciences in 2011.

**Shaune D. Freeman**, LCSW has been an agent of change for over fifteen years. He originally grew up in Dolton, IL and migrated to New York. He received his Bachelors of Science in Social Work from City University of New York (CUNY) at York College. He graduated from Fordham University in New York, New York with a Masters of Social Work; with a concentration in Administration.

Over the course of his 15 years within the social service industry, Mr. Freeman has mentored over 20 not-for-profit agencies working with people of color communities around community mobilization efforts, organizational infrastructure, program sustainability and effective participation within the community planning process. In terms of his expertise, Mr. Freeman has worked rigorously to address the HIV/AIDS epidemic within the African American community. Mr. Freeman has presented at numerous conferences. As a Technical Assistance (TA) provider for South Side Help Center, he provided capacity building assistance (CBA) services to all Centers for Disease Control and Prevention (CDC) funded HIV prevention, treatment and care programs throughout the United States and US territories.

As a certified national trainer, Mr. Freeman has experience with several evidence-based interventions: HIV Counseling, Testing and Referral (CTR), Real AIDS Prevention Project (RAPP), Antiretroviral Treatment and Access to Services (ARTAS), Social Networking Strategies (SNS), Couples HIV Test Counseling (CHTC) and Project AIM. As a

clinical social worker, he has experience with clinical supervision, program development, community health education, community organizing and development, program planning and utilization review. Mr. Freeman is trained in psycho-education, cognitive restructuring methodologies, discharge planning, psychosocial assessments and treatment planning.

**Michelle J. Gilbert**, has been an attorney with LAF (formerly Legal Assistance Foundation) for twenty-six years, including as a Supervising Attorney in the Housing Practice Group, Supervising Attorney and Project Director of the HIV Project, and a Staff Attorney in Policy Advocacy. She has undertaken civil litigation on behalf of low income people, especially people living with HIV, in the areas of housing, domestic relations, bankruptcy, health confidentiality, and discrimination. She received the 2003 LAF Equal Justice Award for enforcing the due process rights of tenants in supportive housing programs and 2006 and 2012 AIDS Foundation of Chicago awards for advocacy for housing rights of people living with HIV.

**Stephanie Seals**, LCSW joined AFC as a Behavioral Health Specialist in January of 2017. In this role, she provides in-home counseling services to housing clients experiencing problematic substance use and/or symptoms of mental illness. Previously, Stephanie has worked as an Assertive Community Treatment Team Leader serving individuals on the south side of Chicago living with severe and chronic mental illness. She has also worked as an intensive housing and DRS case manager for people living with HIV/AIDS, and a grant writer/development director for a small CBO. Stephanie has a bachelor's degree in English from University of Texas at Austin, and a master's degree in social work from Loyola University Chicago.